

# Mental Health/Suicide Prevention– Course Catalog



## MH/SP Risk Factors

### **Course Significance:**

For those working with seniors, this course will present key factors that are contributors to suicide and suicidal ideation among that population.

### **Learning Objectives:**

At the end of the course, you will be able to:

- Understand the key factors that contribute to suicide and suicidal ideation among the elderly.
- Learn how to promote and advocate for accessible mental health resources.
- Be able to understand that: physical illness, familial issues, financial issues, and hopelessness contribute to suicide and suicidal ideation among the elderly.
- Understand the difference between urban and rural suicide incidents among the elderly.