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Resource Listing















Resource	Information	Contact Information	For Families	For Child Care	Local	State/National
						
4-H	4-H is a youth organization committed to building outstanding leaders with marketable skills to succeed in today's global society. 4-H empowers youth to reach their full potential, working and learning in partnership with caring adults.	https://4-h.ca.uky.edu/				
ACES Connection	We support the ever-expanding ACEs movement by educating people about ACEs science. We act as the information resource for the ACEs movement by telling its stories and providing resources.	https://www.acesconnection.com				
Administration for Children and Families - Division of Child Care	The Administration for Children and Families (ACF) is a division of the Department of Health & Human Services which promotes the economic and social well-being of children, families, individuals and communities with leadership and resources for compassionate, effective delivery of human services.	https://Acf.hhs.gov				
Ages & Stages - Metro United Way	Free Ages and Stages questionnaire for families in Southern Indiana and Kentucky. Sign up to receive questionnaire as well as resources to support your child's development. Resource available in Spanish.	https://metrounitedway.org/program/free-childhood-developmental-tool/				










Ages & Stages - Oldham County Health Department	Free ASQ screenings for families in Oldham County.	https://asqonline.com//family/147bd2				
Autism Spectrum Disorders Support Groups and Resources (locations vary)	Contact information for ASD support groups and links to resources to support children with ASD.	https://ukhealthcare.uky.edu/kentucky-childrens-hospital/services/developmental-behavioral-pediatrics/autism-resources				
Baby Sparks App	Innovative program that supports early development through meaningful play. Our program includes thousands of video-based activities, developmental milestones, articles & tips. Available in iOS and Android in English and Spanish	https://babysparks.com/				
Be Strong Families	Partners to create transformative change by developing and sustaining conversations that nurture the spirit of family, promote well-being, and prevent violence. Offers workshops, trainings and technical assistance for people, systems, and organizations that are trying to promote healing and prevent violence in families.	https://www.bestrongfamilies.org/				
Big Brother Big Sisters America (locations vary)	As the nation's largest donor- and volunteer-supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles"), ages 5 through young adulthood.	https://www.bbbsky.org/				
Boys and Girls Club of America (locations vary)	Club members are encouraged to remain on track to graduate from high school with a plan for the future, demonstrating good character and citizenship, and living a healthy lifestyle.	https://www.bgckyana.org/				
Bright by Text	Our text messaging service delivers actionable information from trusted early childhood experts to parents and caregivers of young children — from prenatal to age eight — to support healthy child development and build strong, resilient families.	https://www.brightbytext.org/				















Caring for our Children	Collection of national standards that represent the best practices, based on evidence, expertise, and experience, for quality health and safety policies and practices for today's early care and education settings.	https://nrckids.org/CFOC				
Center on the Social and Emotional Foundations for Early Learning (CSEFEL)	Focused on promoting the social emotional development and school readiness of young children birth to age 5. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country.	http://csefel.vanderbilt.edu/				
Child Care Health Consultants (locations vary)	Provides consultation and technical assistance on health, safety and nutrition for children ages 0-5 to child care providers. Trained Child Care Health Consultants from local health departments participate in joint activities with Child Care Aware and the Kentucky All Stars program in their areas to ensure collaboration and coordination on issues impacting the quality of child care.	https://kentuckycchc.org 1-877-281-5277				
Child Care and Early Education Research Connections	Promotes high quality research in child care and early education to support policy making. This website includes research and data resources for researchers, policy makers, practitioners, and others.	https://www.researchconnections.org/childcare/welcome				
Child Care Aware of America	Child Care Aware® of America works with more than 400 state and local Child Care Resource and Referral agencies nationwide. Leads projects that increase the quality and availability of child care, undertakes research, and advocates child care policies that positively impact the lives of children and families.	https://www.childcareaware.org/				
Child Care Aware of Kentucky (locations vary)	Child Care Aware of Kentucky is the statewide regional network for Child Care Resource and Referral (CCR&R) services supporting access to safe, affordable, quality child care for families and professional development for child care providers	www.childcareawareky.org				




	and trainers. Child Care Aware of Kentucky is housed at the Human Development Institute at the University of Kentucky.					
Child Care Council of Kentucky, Inc. CCC (Lexington)	Referred to as the local hub for child care in Central Kentucky. The CCC's mission is to serve as a visible community resource committed to offering access to affordable, quality care and education. The CCC pledges to promote, expand, and enhance services that improve the quality of life for all children, families, and early care professionals in the Bluegrass.	https://childcarecouncilofky.com/				
Child Mind Institute	The Child Mind Institute is an independent, national nonprofit dedicated to transforming the lives of children and families struggling with mental health and learning disorders. Resource available in Spanish.	https://childmind.org/				
Churches (locations vary)	Local churches can provide various resources and supports to families in the communities they serve.					
Commission for Children with Special Health Care Needs	The Office for Children with Special Health Care Needs (OCSHCN), provides comprehensive care to children and youth with special health care needs. Mission is to enhance the quality of life for Kentucky's children with special health care needs through quality service, leadership, advocacy, education and collaboration.	https://chfs.ky.gov/agencies/ccshcn/Pages/default.aspx				
Communications Disorder Clinic at Western Kentucky University (Bowling Green)	The Western Kentucky University Communication Disorders Clinic provides effective assessment and treatment services to individuals with communication disorders and serves as a state of the art training facility for students in the Communication Sciences and Disorders Department.	https://www.wku.edu/communicationdisordersclinic/				














Community Action Council (locations vary)	Community Action Councils are located throughout Kentucky and offer a variety of services for families. Services may include: early childhood education programming, youth development services, energy efficiency services, emergency assistance, senior services, housing services, mental health services, and workforce development.					
Community Coordinated Child Care (4-C For Kids – Louisville)	For over 50 years, 4-C has supported and enhanced child care and continues its tradition of supporting families by coordinating a vision of a high quality early childhood care system available to all children and families.	https://www.4cforkids.org/				
Connect the Dots	Connect the Dots highlight 4 easy-to-remember steps to address challenging behaviors. Connect the Dots resources and trainings are for anyone who works with children ages one to five years old.	https://www.kentuckycchc.org/posters-handouts-1				
Conscious Discipline	Conscious Discipline is an evidence-based, trauma-informed approach to behavior management. Conscious Discipline provides behavior management strategies for families and educators to turn everyday situations into learning opportunities.	https://consciousdiscipline.com/				
Council for Exceptional Children	The Council for Exceptional Children is a professional association of educators dedicated to advancing the success of children with exceptionalities. We accomplish our mission through advocacy, standards, and professional development.	https://community.cec.sped.org/kycec/home				
Devereaux Center (for Effective Schools)	The Devereux Center for Effective Schools (CES) is an applied research and technical assistance center specializing in bringing evidence-based practices to schools, districts and other child-serving programs through training/technical assistance, consultation and model program development. The CES utilizes a tiered approach to prevention and intervention based on Positive	https://www.devereux.org/site/SPageServer/?pagename=icptr_training_tracks_ces				














	Behavioral Interventions and Supports (PBIS) and response to intervention (RTI) frameworks.					
Devereaux Center (for Resilient Children)	The Devereux Center for Resilient Children's (DCRC's) approach to fostering young children's resilience is a comprehensive assessment and planning process that involves families and professionals working as partners.	www.ekccc.org				
Department of Community Based Services (DCBS) Family Support (locations vary)	The Division of Family Support administers the Supplemental Nutrition Assistance Program (SNAP), the Kentucky Transitional Assistance Program (KTAP), Kentucky Works Program, Family Alternatives Diversion Program and the Medicaid programs.	https://chfs.ky.gov/agencies/dcbs/dfs/Pages/default.aspx				
Early Childhood Mental Health Specialists (locations vary)	Program and child-level consultation on social, emotional and behavioral issues to programs that serve children from birth through age 5; training on working with young children with social, emotional and behavioral needs and their families, to child-serving agencies and others; and, evaluation, assessment, and therapeutic services for children from birth through age 5 and their families.	https://dbhdid.ky.gov/dbh/ecomh.aspx				
Family Care Center (Lexington)	The Family Care Center provides services to families with young children, including case management for parents, early childhood programming/child care, in-home services for new and expecting parents (HANDS), high school education, and pediatric health care.	https://www.lexingtonky.gov/family-care-center				
Family Enrichment Center (Bowling Green)	Empower families and prevent child abuse by providing education, social support, crisis intervention, and a safe environment for children and their families.	https://www.familyenrichmentcenter.com/				
Family Resource Program at Western Kentucky University/Susan Vitale Clinical Education	Provides resource information and referrals, identifies individual's strengths and assesses needs, encourages and promotes community partnerships in service delivery, and empowers individuals by providing them with knowledge and resources to improve their life circumstances. PT,	https://www.wku.edu/familyresourceprogram/				









Complex (Bowling Green)	OT, Speech, testing, mostly free, out of state available to be serviced, ECC programs, parenting programs, etc.					
Family Resource and Youth Services Centers (FRYSC) (locations vary)	The primary goal of Family Resource and Youth Services Centers (FRYSC) is to remove non-academic barriers to learning as a means to enhance student academic success. Each center offers a unique blend of programs and services determined by the needs of the population being served, available resources, location and other local characteristics.	https://chfs.ky.gov/agencies/dfrcvs/dfrysc/Pages/default.aspx				
Family Thrive/Strengthening Families	The overarching goal of the Family Thrive framework is to achieve positive outcomes by mitigating risk and enhancing the healthy development and well-being of children and youth. The approach can be used in any setting serving families, youth and children typically without making huge changes in daily practice. Trainers have received training specific to the Strengthening Families model and can provide ECE Clock hours to child care providers.	https://kyecac.ky.gov/families/ky-family-thrive/Pages/default.aspx https://tris.eku.edu/ece/content.php?CID=26				
Federal Food Program	The Child and Adult Care Food Program is a federal program that provides reimbursements for nutritious meals and snacks to eligible children and adults who are enrolled for care at participating child care centers, day care home, and adult day care centers.	https://www.fns.usda.gov/cacfp/child-and-adult-care-food-program				
First Steps (locations vary)	First Steps is a statewide early intervention system that provides services to children with developmental disabilities from birth to age 3 and their families. First Steps offers comprehensive services through a variety of community agencies and service disciplines and is administered by the Department for Public Health in the Cabinet for Health and Family Services.	https://chfs.ky.gov/agencies/dph/dmch/ecdb/Pages/firststeps.aspx				














HANDS (locations vary)	Kentucky's Health Access Nurturing Development Services, HANDS, supports families as they build healthy, safe environments for the optimal growth and development of children. HANDS is a home visiting program for pregnant moms-to-be and new parents that supports all areas of your baby's development through age two.	http://www.kyhands.com/				
Head Start	The Office of Head Start (OHS) helps young children from low-income families prepare to succeed in school through local programs. Head Start and Early Head Start programs promote children's development through services that support early learning, health, and family well-being.	https://eclkc.ohs.acf.hhs.gov/				
Human Development Institute (HDI)	Promote the inclusion, independence, and contributions of people with disabilities and their families throughout the lifespan. We achieve our mission through education, research and evaluation, information sharing, leadership, and advocacy across Kentucky and the nation.	www.hdi.uky.edu				
Human Development Institute (HDI) Learning	The HDI Learning Center is here to meet learners' needs. With topics from early childhood and employment, to healthcare and communication, we provide high quality, accessible content for professionals across a variety of disciplines.	https://www.hdilearning.org/				
Grandfamilies.org	Grandfamilies.org serves as a national legal resource in support of grandfamilies within and outside the child welfare system. Our goals are to: educate individuals about state laws, legislation and policy in support of grandfamilies assist interested policymakers, advocates, caregivers, and attorneys in exploring policy options to support relatives and the children in their care provide technical assistance and training.	https://grandfamilies.org/				
Grandparents raising Grandchildren	The Kentucky Caregiver Program was established to assist Grandparents Raising Grandchildren who meet the low-income requirement and whose	https://www.kipda.org/social-services/grandparents-				










	grandchildren reside in their homes without the parent.	raising-grandchildren-program/				
Health insurance company websites	Many health insurance companies offer supports and services designed to assist families with overall wellness. To learn more contact your health insurance carrier.					
Healthy Children from the American Academy of Pediatrics (AAP)	Resource for parents, from the American Academy of Pediatrics (AAP). Includes information and resources to support families from before birth through young adulthood. Resources are also available in Spanish.	https://healthychildren.org				
Help Me Grow Kentucky	Help Me Grow Kentucky is a free and confidential call center for families, health providers, and community service providers offering developmental screening and connection to local services and learning activities that support healthy growth for children, ages 0-5. Resources available in Spanish	http://www.helpmegrowky.com				
Home of the Innocents (Louisville)	We give vulnerable children, families, and young adults the opportunity to access services that may be hard to find elsewhere. Our community services help with the transition to independent living and adulthood by providing a healthy environment for young adults to become successful parents, and for family relationships to move into a better place.	https://www.homeoftheinnocents.org/services/community-based-services/				
Kelly Autism Center birth at Western Kentucky University (Bowling Green)	Educational support through Individual Education Plan assistance, classroom adaptations and tutoring, community involvement through active participation in community activities, social and leisure activities, job coaching, and parent support. KAP offers programs for Elementary, Middle and High School students.	https://www.wku.edu/kellyautismprogram/				
Kentucky All STARS	Kentucky All STARS is Kentucky's expanded five-star quality rating and improvement system for type I, type II and certified family child care homes.	https://chfs.ky.gov/agencies/dccbs/dcc/Pages/kyallstars.aspx				







Kentucky AAP Chapter	The mission of the Kentucky Chapter of the American Academy of Pediatrics is to improve the health and welfare of all infants, children and adolescents of the Commonwealth.	https://www.kyaap.org/				
Kentucky Autism Training Center	The Kentucky Autism Training Center strives to be Kentucky's leading resource on Autism Spectrum Disorders (ASD), providing the Commonwealth with current evidence based resource information and training opportunities.	https://louisville.edu/education/kyautismtraining				
Kentucky Educational Television (KET/PBS)	An essential element for improving education, workforce and life outcomes for Kentuckians is focusing on kids' early learning and readiness for kindergarten. KET helps prepare our youngest citizens to be kindergarten ready. Our on-air programming, which includes the 24/7 KET PBS KIDS channel, is designed to boost cognitive, social, emotional, and physical development.	https://www.ket.org/education/early-childhood/				
Kentucky IMPACT	IMPACT was established as a coordinated, interagency approach to service delivery for children/youth with serious emotional disabilities (SED) and their families. The model provided services not traditionally available, such as mentoring, school-based services, and intensive in-home therapy, as well as flexible funding for informal supports such as community activities, family support, and after-school and summer activities.	https://dbhdid.ky.gov/dbh/kyimpact.aspx				
Kentucky Office of Autism	As a part of the Cabinet for Health and Family Services, Department of Behavioral Health Developmental and Intellectual Disabilities, the Office of Autism is housed at both the University of Kentucky Human Development Institute and the University of Louisville Autism Center. The office coordinates statewide efforts to enhance the quality of life and independence to individuals with an Autism Spectrum Disorder and provides support to their families and caregivers.	https://www.kyaca.org/about-us/kentucky-office-of-autism/				

Kentucky School for the Deaf	Residential pre-k through secondary school for children who are deaf or hard of hearing.	https://www.ksd.k12.ky.us/				
Kentucky Spin	KY-SPIN, Inc. (Kentucky Special Parent Involvement Network) is a statewide 501 (c) 3 non-profit organization. The mission of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.	https://Kyspin.com				
Kiwanis (locations vary)	Kiwanis International is a global community of clubs, members and partners dedicated to improving the lives of children one community at a time. Each community has different needs, and Kiwanis empowers members to pursue creative ways to serve the needs of children, such as fighting hunger, improving literacy and offering guidance.	https://www.kiwanis.org/				
Learn the Signs Act Early - Centers for Disease Control	From birth to 5 years, your child should reach milestones in how he plays, learns, speaks, acts and moves. Track your child's development and act early if you have a concern. Available in Spanish.	https://www.cdc.gov/ncbddd/actearly/index.html				
Lexington Family Magazine	A forum for ideas, opinions, and issues that affect the families of Central Kentucky. . Every day we deliver information on family events, plus informative and reader friendly feature stories on topics such as childcare, education, raising a family, health and maternity issues. Includes access to other Family Magazines including Exceptional Family KY.	www.lexingtonfamily.com				
Life Skills (bowling Green)	We support people who experience mental illness, addiction, and intellectual disabilities as they build meaningful and independent lives.	https://www.lifeskills.com/				

Local pediatricians (locations vary)	Primary Care Physicians/Pediatricians are a resource for individualized services.					
Mental Health Association	Our mission is to improve the accessibility and quality of mental health and substance abuse services in the Commonwealth. We accomplish this through advocacy with local, state and federal policymakers, education of the public on mental illness and mental wellness, and through the promotion of research-based practices among providers.	https://screening.mhanational.org/content/mental-health-america-kentucky				
Michelle P. Waiver	The Michelle P. Waiver (MPW) is part of Kentucky's 1915(c) HCBS Medicaid waiver program. MPW provides assistance to individuals with intellectual or developmental disabilities to help them live in the community as independently as possible. Behavior Supports - Day Training - Personal Care - PT/OT/Speech – Respite.	https://chfs.ky.gov/agencies/dms/dca/iddcsb/Pages/mpw.aspx				
Ms. Kendra's Curriculum	The Miss Kendra Program, is an evidence-based, cost-effective trauma action program for schools and other organizations working with children and youth from kindergarten to college. Our program staff trains teachers and other school professionals in these social buffering skills to become this caring adult to support their students.	http://traumainformedschools.org/miss-kendra-program/				
National Association for the Education of Young Children (NAEYC)	The National Association for the Education of Young Children (NAEYC) is a professional membership organization that works to promote high-quality early learning for all young children, birth through age 8, by connecting early childhood practice, policy, and research. We advance a diverse, dynamic early childhood profession and support all who care for, educate, and work on behalf of young children.	www.naeyc.org				

National Child Traumatic Stress Network	The National Child Traumatic Stress Network (NCTSN)grantees and affiliates work to: Provide clinical services to develop and disseminate new interventions and resource materials; offer education and training programs; collaborate with established systems of care; engage in data collection and evaluation Inform public policy and awareness efforts.	https://www.nctsn.org/				
Office of Child Care- expulsion policy info	The Administration for Children & Families (ACF), a division of the U.S. Department of Health & Human Services (HHS), promotes the economic and social well-being of families, children, individuals and communities with funding, strategic partnerships, guidance, training and technical assistance.	www.acf.hhs.gov				
Parent-Child Interaction Therapy/ Teacher-Child Interaction Training	The Teacher Child Interaction Training – Comprehensive Program (TCIT-C) is an adaptation of Parent Child Interaction Therapy for use with teachers and classrooms. TCIT-C was designed to improve the social, emotional, and behavioral competence for children 3 to 6 years of age. TCIT-C is used to reduce challenging classroom behaviors, including: Physical & Verbal Aggression Destruction of Property Noncompliance / Defiance Hyperactivity / Inattention Emotional Dysregulation Negative Teacher-Child Relationships	https://www.cdn-pcit-training.com/				
Parent Resource Center	Information on Kentucky school districts that provide information and support to parents of exceptional children through locally funded and staffed Parent Resource Centers.	https://education.ky.gov/specialed/excep/advgroup/Pages/Kentucky-Parent-Resource-Centers.aspx				
Public Library Events (locations vary)	Local libraries offer a variety of programming and workshops to support families.					
Public Preschool (locations vary)	Kentucky's preschool education programs are available for all four-year-old children whose family income is no more than 160% of poverty; all three and four-year-old children with developmental	https://education.ky.gov/curriculum/conpro/prim-pre/Pages/default.aspx				

	delays and disabilities, regardless of income; and other four-year- old children as placements are available based on district decision.					
Pyramid Model	The Pyramid Model is a positive behavioral intervention and support (PBIS) framework that uses systems-thinking and implementation science to promote evidence-based practices. We created The Pyramid Model for Supporting Social Emotional Competence in Infants and Young Children to help early educators build skills for supporting nurturing and responsive caregiving, create learning environments, provide targeted social-emotional skills, and support children with challenging behavior.	https://www.pyramidmodel.org/				
Ready4K	Ready4K is an evidence-based family engagement curriculum delivered via text messages Each week, parents and caregivers receive fun facts and easy tips on how to promote their children's development by building on existing family routines. Personalized learning, support the whole child from birth through 4th grade in English, Spanish, Vietnamese, and Arabic.	https://ready4k.parentpowered.com/				
Save the Children	In the U.S. and around the world, Save the Children does whatever it takes — every day and in times of crisis — to ensure children grow up healthy, learning and safe.	https://www.savethechildren.org/				
Scholar House (locations vary)	Scholar House is a housing and education initiative that enables the head-of-household to reach self-sufficiency. The housing and education components are operated as one unit, with housing depending on the client's successful participation in the affiliated educational institution.	http://www.kyhousing.org/Specialized-Housing/Pages/Scholar-House.aspx				
Substance Abuse and Mental Health Services Administration	The mission of Substance Abuse and Mental Health Services Administration (SAMHSA)mission is to reduce the impact of substance abuse and mental illness on America's communities.	https://www.samhsa.gov/				

Teachers Pay Teachers (TpT)	TpT is the go-to place for educators to find the resources, knowledge, and inspiration they need to teach at their best. We offer more than 3 million free and paid resources, created by educators who understand what works in the PreK-12 classroom.	https://www.teacherspayteachers.com/				
Weisskopf Center (Louisville)	The Weisskopf Center in the Department of Pediatrics at the University of Louisville is a unique tertiary center that provides center-based and outreach diagnostic evaluations and treatment to infants and children with, or at risk for, developmental disabilities, congenital anomalies, genetic disorders, autism, organic behavior disorders (ADHD) and learning disabilities, as well as genetic counseling to adults.	https://louisville.edu/medicine/departments/pediatrics/diagnoses/weisskopf				
Women, Infants, and Children (locations vary)	WIC provides nutrition education and services, breastfeeding promotion and education, monthly food prescription of nutritious foods, and access to health-care services.	https://chfs.ky.gov/agencies/dph/dmch/nsb/Pages/wic.aspx				
Zero to Three	Our mission is to ensure that all babies and toddlers have a strong start in life. By supporting the caring adults who touch the lives of infants and toddlers, we hope to maximize our long-term impact in ensuring all infants and toddlers have a bright future.	www.zerotothree.org	